

## CLAIMS

1. A washer, comprising a body having an axis and provided with a first face surface located at one axial side and adapted to cooperate with a nut, a second face surface located at an opposite axial side and adapted to cooperate with an object to be assembled or disassembled, and at least one additional turning resistant surface adapted to cooperate with a bolt, said additional turning resistant surface of said body being formed as a frictional surface providing a friction between said body and the bolt to frictionally impede the bolt from turning and at the same to allow the bolt to be displaced in an axial direction when the nut is turned, said second face surface of said body being formed to provide a friction between said body and the object and therefore to impede said body from turning, and said first face surface of said body being formed with a smaller frictional characteristic than said second face surface of said body to at least reduce dragging of said body into turning by the turning nut.

2. A washer as defined in claim 1, wherein said body is formed as a single element provided with said additional turning resistant surface.

3. A washer as defined in claim 1, wherein said body is composed of at least two portions, one of which is provided with said additional turning resistant surface.

4. A washer as defined in claim 1, wherein said additional turning resistant surface of said body is formed so as to be connectable with a thread of the bolt.

5. A washer as defined in claim 1, wherein said body has a portion provided with said additional turning resistant surface and movable in the axial direction.

6. A washer as defined in claim 1, wherein said body has one portion provided with said additional turning resistant surface, and another portion which is frictionally connected with said one portion and provided with

said second face surface which is adapted to frictionally cooperate with the object.

7. A washer as defined in claim 1, wherein said body has one portion provided with said additional turning resistant surface, and another portion which is connected with said one portion via a breaking point which breaks when said one portion of said body is displaced together with the bolt in the axial direction.

8. A washer as defined in claim 1, wherein said body has at least one resistive point which is formed so that when the nut is turned and said additional turning resistant surface stops the bolt from turning, a pull on the bolt created by the nut and elongating the bolt applies to said body an axial force which overcomes said at least one resistive point so that a portion of said body is allowed to be pulled axially when the bolt elongates.

9. A fastener, comprising a bolt; a nut; and a washer placed on said bolt between said nut and an object to be assembled or disassembled, said bolt including a body having an axis and provided with a first face surface located at one axial side and adapted to cooperate with a nut, a second face surface located at an opposite axial side and adapted to cooperate with an object to be assembled or disassembled, and at least one additional turning resistant surface adapted to cooperate with a bolt, said additional turning resistant surface of said body being formed as a frictional surface providing a friction between said body and the bolt to frictionally impede the bolt from turning and at the same to allow the bolt to be displaced in an axial direction when the nut is turned, said second face surface of said body being formed to provide a friction between said body and the object and therefore to impede said body from turning, and said first face surface of said body being formed with a smaller frictional characteristic than said second face surface of said body to at least reduce dragging of said body into turning by the turning nut.

10. A fastener as defined in claim 9, wherein said body including said portion is formed as a single element provided with said additional turning resistant surface.

11. A fastener as defined in claim 9, wherein said body is composed of at least two portions, one of which is provided with said additional turning resistant surface.

12. A fastener as defined in claim 9, wherein said additional turning resistant surface of said body is formed so as to be connectable with a thread of the bolt.

13. A fastener as defined in claim 9, wherein said body has a portion provided with said additional turning resistant surface and movable in the axial direction.

14. A fastener as defined in claim 9, wherein said body has one portion provided with said additional turning resistant surface, and another portion which is frictionally connected with said one portion and provided with said second face surface which is adapted to frictionally cooperate with the object.

15. A fastener as defined in claim 9, wherein said body has one portion provided with said additional turning resistant surface, and another portion which is connected with said one portion via a breaking point which breaks when said one portion of said body is displaced together with the bolt in the axial direction.

16. A fastener as defined in claim 9, wherein said body has at least one resistive point which is formed so that when the nut is turned and said additional turning resistant surface stops the bolt from turning, a pull on the bolt created by the nut and elongating the bolt applies to said body an axial force which overcomes said at least one resistive point so that a portion of said body is allowed to be pulled axially when the bolt elongates.